CLINICAL RESEARCH: WHAT IS ALL ABOUT? ...a focused training for busy investigators and study teams

Inês Zimbarra Cabrita (Course Director)

Inês is a PhD, Clinical Pharmacology at the National and Heart Institute of Lisbon. She is also a Professor at the University of Lisbon School of Medicine since 1993. She is the Director of the University Diabetes Center at Hospital de Santa Maria, University of Lisbon where she has worked since 1989. Her main areas of interest are diabetic kidney disease and oncology. She has over 25 years of Phase IIa, IIb and III trials in cardiovascular diseases, osteoarthritis, and oncology. Inês has co-authored over 100 research papers and 2 books in these areas. She is a member of several international scientific societies and has been invited to present at several international congresses. She is also a consultant reviewer for many international journals.

Francisco Patuleia Figueras (Course Director)

Francisco Patuleia Figueras is a PhD, Clinical Pharmacology at the National and Heart Institute of Lisbon. He is also a Professor at the University of Lisbon School of Medicine since 1993. He is the Director of the University Diabetes Center at Hospital de Santa Maria, University of Lisbon where he has worked since 1989. His main areas of interest are diabetes, hypertension, and oncology. He has over 25 years of Phase IIa, IIb and III trials in cardiovascular diseases, osteoarthritis, and oncology. Francisco has co-authored over 100 research papers and 2 books in these areas. He is a member of several international scientific societies and has been invited to present at several international congresses. He is also a consultant reviewer for many international journals.

Dulce Brito (Invited Speaker)

Dulce Brito is a PhD, Cardiologist at Hospital de Santa Maria, University of Lisbon. She is also a Professor at the University of Lisbon School of Medicine since 1993. She is the Director of the Cardiology Unit at Hospital de Santa Maria, University of Lisbon where she has worked since 1989. Her main areas of interest are coronary artery disease and valvular heart disease. She has over 25 years of Phase IIa, IIb and III trials in cardiovascular diseases, osteoarthritis, and oncology. Dulce Brito has co-authored over 100 research papers and 2 books in these areas. She is a member of several international scientific societies and has been invited to present at several international congresses. She is also a consultant reviewer for many international journals.

Catarina Sousa

Catarina is a PhD, Professor of Cardiology at the University of Lisbon and currently a Researcher in the Cardiovascular Research Support Unit at Hospital Santa Maria, University of Lisbon. She is also a Professor at the CRO AIDFM-CETERA where she has worked since 2013. Her main areas of interest are coronary artery disease and valvular heart disease. She has over 25 years of Phase IIa, IIb and III trials in cardiovascular diseases, osteoarthritis, and oncology. Catarina has co-authored over 100 research papers and 2 books in these areas. She is a member of several international scientific societies and has been invited to present at several international congresses. She is also a consultant reviewer for many international journals.

Pedro Carrilho Ferreira (Invited Speaker)

Pedro is a PhD, Cardiologist at Hospital de Santa Maria, University of Lisbon. He is also a Professor at the University of Lisbon School of Medicine since 1993. He is the Director of the Cardiology Unit at Hospital de Santa Maria, University of Lisbon where he has worked since 1989. His main areas of interest are coronary artery disease and valvular heart disease. He has over 25 years of Phase IIa, IIb and III trials in cardiovascular diseases, osteoarthritis, and oncology. Pedro has co-authored over 100 research papers and 2 books in these areas. He is a member of several international scientific societies and has been invited to present at several international congresses. He is also a consultant reviewer for many international journals.

Cristina Valente

Cristina is a PhD, Professor of Cardiology at the University of Lisbon and currently a Researcher in the Cardiovascular Research Support Unit at Hospital Santa Maria, University of Lisbon. She is also a Professor at the CRO AIDFM-CETERA where she has worked since 2013. Her main areas of interest are coronary artery disease and valvular heart disease. She has over 25 years of Phase IIa, IIb and III trials in cardiovascular diseases, osteoarthritis, and oncology. Cristina has co-authored over 100 research papers and 2 books in these areas. She is a member of several international scientific societies and has been invited to present at several international congresses. She is also a consultant reviewer for many international journals.

Dulce Brito was born in 1961 in Lisbon, Portugal, and currently works as a Professor of Cardiovascular Research Support Unit at Hospital Santa Maria, University of Lisbon. She graduated in Medicine of the University of Lisbon in 1989, and completed a 4-years Master focused on Monitoring, Quality and Statistics at University of Ferrara, Italy. Since 2013, she has been the Scientific Advisor of GAIC, a Clinical Research Organization in Portugal. In 2014, she completed a 2-years PhD in Cardiology at University of Ferrara, Italy. Dulce Brito is also a Senior Investigator at H2020 Sponsored Clinical trial. She has over 100 conference proceedings (published abstracts), and has more than 300 international collaborations and co-authored over 50 scientific publications. Dulce Brito is a member of several international scientific societies and has been invited to present at several international congresses. She is also a consultant reviewer for many international journals.

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Dulce Brito has extensive experience in clinical research. He has served in more than 30 international congresses as an investigator and has developed several novel investigations related to clinical research.

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